



Miara Shaw

'Maven' Miara Shaw is a Confidence Cultivator who works with high-achieving, purpose pursuing executives and students leaders to take action in moving from stuck to execution without sacrificing their relationships, health & mental sanity. She calls this having a **Balanced Rhythm™**. Helping leaders stay motivated, manage their stress, all while doing their own internal work, helps them build confidence to lead with resilience and tenacity.

Life & Business Strategist | Speaker | Author

 miarashaw.com

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Speaking Topics

- Executive Development
- Cultivating Confidence
- Creating Your Balanced Rhythm™ (work/life)
- Leadership Development
- Cutting Comfort Loose & Moving Messy!
- BAM! (Bust A Move)

In The Press



Reviews

"We were so fortunate to have Miara Shaw speak at our Women's Empowerment Summit. She was inspiring, relatable, and entertaining. We learned so much from her presentation "Creating Your Balanced Rhythm. Thank you Miara for your wonderful words of wisdom and tips to create balance in our daily lives." Stephen F. Austin University

"Miara is engaging, insightful and easily connects with students from all backgrounds as a leadership facilitator. Our high school students looked forward to the sessions as she lead them through with moans, groans and laughter. I must say not only did the students enjoy working with her but the staff did as well. Our conference wouldn't have been as successful without her." National Student Leadership Conference

"The wellness seminars facilitated by Miara are educational and insightful. Employees look forward to participating in her active and engaging sessions. We are happy to partner with Miara to provide training to our clients as she's the best in the business." Neely EAP (Employee Assistance Program)

Booking Info

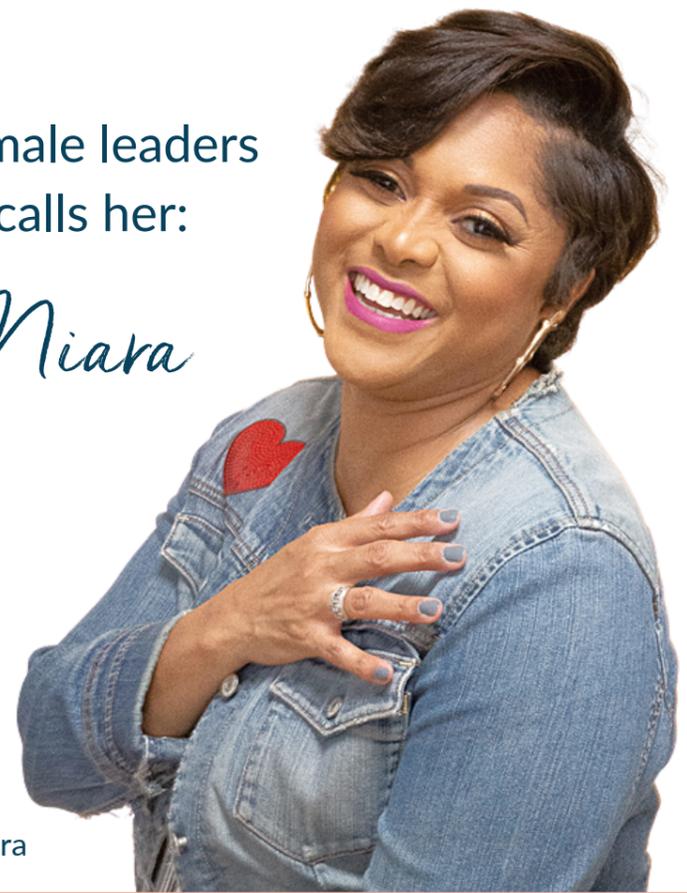
 miarashaw.com/speaking

 hello@miarashaw.com

 832-409-3342

Her loyal tribe of female leaders & entrepreneurs calls her:

Maven Miara



@miarashaw



@mavenmiara

Services Offered

Known as "Maven Miara", Miara Shaw uses her witty, direct, and action-oriented style of speaking and coaching to provide heartfelt motivation and solutions to overcome barriers. She has over 25 years of corporate experience as a high-powered energy trader executing under pressure. This experience combined with 10+ years as an entrepreneur has helped her transition to a successful strategist, public speaker, and author.



Partial Client List



NATIONAL STUDENT LEADERSHIP CONFERENCE



Ureeka

